



OFFERED  
THROUGH



Cigna®

# A doctor is always



These days, when illness or injury strikes, having Telehealth services available to them may help your employees avoid long waits to see a doctor or going to the emergency room (ER) for non-emergency conditions. What could Telehealth mean for you as an employer?

- **Healthier employees** – some may find using Telehealth services as an easier and more cost-effective way to receive care when their doctor is not available
- **Lower absenteeism and higher productivity** – keeping your employees healthy can help your company save on costs related to absenteeism and be more productive

- **Lower costs** – giving employees an easy-to-use and cost-effective alternative to care can help reduce costs and non-urgent ER visits

MDLIVE offered through Cigna is an easy and cost-effective Telehealth solution for your employees to get the care they need – including prescriptions – when they need it for a wide range of minor conditions. MDLIVE provides on-demand 24/7/365 access to non-urgent health care through a national network of licensed, board-certified U.S.-based doctors and pediatricians. Your employees can talk with doctors by phone or online video, without having to leave home or work, saving valuable time and effort. They can even use email to follow up with the doctor after their appointment.

## How it works

### BY PHONE



**Step 1: Call toll-free**  
Patient calls toll-free hotline available 24/7/365 including holidays.

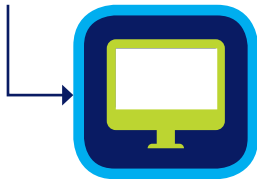


**Step 2: Speak with a coordinator**  
A consultation coordinator locates the next available doctor and prepares patient for the consultation.



**Step 3: Speak with the doctor**  
Once an available doctor is located, the system automatically calls and connects the doctor to the patient.

### BY VIDEO CONFERENCE



**Step 1: Visit website**  
Patient visits website and logs in with username and password.



**Step 2: Find a doctor**  
System helps the patient search for a doctor by a criteria, such as specialty, language, gender, location, or simply finds the next available doctor.



**Step 3: See the doctor online**  
Once an available doctor is located, the system automatically connects the doctor with the patient.

Offered by: Connecticut General Life Insurance Company or Cigna Health and Life Insurance Company.

GO YOU®



## AFTER EACH CONSULTATION



## CONDITIONS TREATED BY MDLIVE DOCTORS

### General health

Acne  
Allergies  
Bronchitis  
Cold and flu  
Fever  
Gout  
Headache  
Infections  
Joint aches and pains  
Nausea and vomiting  
Pink eye  
Rashes  
Sinus infection  
Sore throat  
Sunburn  
Urinary tract infection

### Pediatric care

Cold and flu  
Constipation  
Ear infection  
Fever  
Nausea and vomiting  
Pink eye

## MDLIVE OFFERED THROUGH CIGNA

MDLIVE bundled with Cigna medical coverage has many advantages for you and your employees. Cigna customer service and health information line representatives trained on MDLIVE capabilities, real-time eligibility, employee education materials and a direct link from [myCigna.com](http://myCigna.com)\* all contribute to added ease and convenience.

## BENEFITS FOR YOU

- Competitive pricing
- Alternative to using ER and Urgent Care Centers for minor illnesses/conditions
- Help reducing costly absenteeism for appointments
- Ease – integrated with your Cigna plan
- Improved access to care for your employees

## BENEFITS FOR YOUR EMPLOYEES

- Cost efficiency
  - Copay plans: Pay PCP copay amount
  - Coinsurance plans: Pay \$38 until deductible is met, then pay the coinsurance amount
- Greater access (24/7/365) with appointments usually in an hour or less
- Convenience – no need to leave the house or work

To learn more about MDLIVE offered through Cigna, contact your Cigna representative.

\* Single sign-on not available.

**GO YOU**<sup>®</sup>



Health care services are delivered by MDLIVE participating doctors, and not by Cigna.

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