

Cigna maternity coverage begins as soon as your doctor says, “Congratulations, you’re pregnant!”

give your baby a healthy start



Proud Supporter



“Cigna” and the “Tree of Life” logo are registered service marks, and “Together, all the way.” is a service mark, of Cigna Intellectual Property, Inc., licensed for use by Cigna Corporation and its operating subsidiaries. All products and services are provided exclusively by such operating subsidiaries and not by Cigna Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company (CGLIC), Cigna Health and Life Insurance Company (CHLIC), and HMO or service company subsidiaries of Cigna Health Corporation and Cigna Dental Health, Inc. In Arizona, HMO plans are offered by Cigna HealthCare of Arizona, Inc. In California, HMO plans are offered by Cigna HealthCare of California, Inc. In Connecticut, HMO plans are offered by Cigna HealthCare of Connecticut, Inc. In North Carolina, HMO plans are offered by Cigna HealthCare of North Carolina, Inc. All other medical plans in these states are insured or administered by CGLIC or CHLIC.

595298 d 09/14 © 2014 Cigna. Some content provided under license.

Together, all the way.™

595298 d 09/14





you have questions. we can help.

To support you during your pregnancy, you'll get:

- Information to help you learn about pregnancy and babies, including information from the March of Dimes®.
- 24/7 telephone access to a health advocate.
- Support from a registered nurse case manager if you or your baby have special health care needs.*

Call the toll-free number on your Cigna ID card to sign up.

Start today and give your baby a healthy
start in life.

Information you can count on.

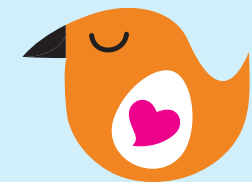
You'll find a wealth of information on **myCigna.com** from trusted sources like WebMD and Healthwise. You'll learn how to:

- Make a plan for a healthy pregnancy
- Monitor your pregnancy week by week
- Prepare for labor and delivery
- Care for your baby

You can also sign up for a free pregnancy email newsletter, parenting magazine and get a personalized pregnancy calendar.

Log on to **myCigna.com** now. Click the *Manage My Health* tab, then click *My Health Programs & Resources*.

Learn how to stay in the best possible health during your pregnancy.



**Not included in all plans*