

Earning an employer incentive for your HSA in 2020



We want you to maintain your good health! HireRight provides you with an incentive to do so.

If you are enrolled in a medical plan with an HSA, you can earn an employer contribution to your HSA for completing a health survey and another healthy activity. To earn your incentive, complete a health survey along with (1) three missions or (2) a wellness exam.

What you'll earn

MEDICAL PLAN	HEALTHY INCENTIVE FOR COMPLETING TWO ACTIONS	WHEN YOU'LL RECEIVE YOUR INCENTIVE	DEADLINE TO EARN YOUR 2019 INCENTIVE	DEADLINE TO EARN YOUR 2020 INCENTIVE
2000 or 1400 Plan with HSA	For each activity completed, you'll earn \$200 for employee only coverage and \$400 for other coverage levels (employee + spouse, employee + child(ren) or family coverage).	By the end of the month after you complete your healthy activity. (Ex. You complete your activity on February 12. The deposit to your HSA will be made by March 31.) If you complete your 2020 health survey in November 2019, your incentive will be deposited to your HSA in January 2020.	Actions must be completed by November 30, 2019	Health survey: Complete your actions on or between November 6, 2019 and November 30, 2020 Wellness exam and three missions: Complete on or between January 1, 2020 and November 30, 2020

How to complete each activity

Step 1: Complete your health survey

Take a fun and interactive health survey to get your Rally age — a number that can be higher or lower than your physical age based on your lifestyle and risk factors. Rally is a product of Rally Health, Inc., an independent company that offers a digital health platform on behalf of your health plan.

To take your health survey:

- Go to **www.SouthCarolinaBlues.com**
- Log in to your **My Health Toolkit** account.
- Select the **Wellness** tab, then click **Rally**.

Step 2: Choose a second activity to complete

Option 1: Complete three missions or challenges

Improve the way you move, care, feel or eat by adding missions to your daily routine. Missions take up to four weeks to complete, and you'll be required to check in daily or weekly.

Challenges are virtual events where a user tracks steps against a goal, competing virtually with other Rally users. Challenges vary in length from 3 to 14 days.

You will be able to complete three missions or challenges after you complete your health survey.

Option 2: Have a wellness exam

Complete your annual physical using an in-network doctor. Women may complete an in-network routine physical or an annual well woman exam.

Schedule your exam as far in advance as possible to ensure you receive your incentive before the end of your benefit year.

To find a doctor in your network:

- Log in to **My Health Toolkit**.
- Select the **Resources** tab.
- Select **Find a Doctor or Hospital**.

** If you enroll in medical coverage after January 1, the amount of your employer contribution will be prorated based upon both your effective date of coverage as well as the coverage tier you select (e.g., employee only coverage, family coverage, etc.).*