



# WE SPECIALIZE IN MEDICAL CERTAINTY

As part of your Surest health plan, you have an exclusive membership to 2nd.MD, a virtual expert second opinion and navigation service.

## 2nd.MD can help you better understand your health condition and navigate healthcare.

- Connect with highly skilled nurses who can help you navigate the healthcare system.
- Virtually consult with top specialists by video or phone – from the comfort of your home in as few as 3-5 days – when you're faced with a critical healthcare decision and have questions about:
  - A possible surgery or procedure
  - A chronic condition (cancer, high cholesterol, diabetes, etc.)
  - Diagnostic testing (MRI, CT, lab work, ultrasound)
  - Medications
  - Your overall treatment plan

And if you need help finding an expert specialist in your local area, we can help you too!

## ACCESS 2ND.MD

2nd.MD expert navigation and second opinions are available at NO COST to you and your eligible dependents enrolled in the Surest medical plan. All 2nd.MD services are secure and 100% confidential.

When you connect **WITH 2ND.MD, AMAZING THINGS HAPPEN** — lives can be improved and sometimes saved!



## HOW IT WORKS: 3 Simple Steps

### 1. ACTIVATE YOUR 2ND.MD ACCOUNT AND REQUEST A CONSULT.

Call 1.866.841.2575

Visit [www.2nd.md/activate/step1/surest](http://www.2nd.md/activate/step1/surest) or download the 2nd.MD app

### 2. SPEAK WITH A HIGHLY SKILLED NURSE.

Explain your medical issues and an experienced nurse will handle the rest, including collecting medical records and connecting you with a leading specialist who is an expert in your condition.

### 3. CONSULT WITH AN EXPERT SPECIALIST.

Connect via video or phone at a time that works best for you, including evenings and weekends!

After your consultation, you'll receive a written summary of your consult so you're prepared for a conversation with your treating physician or we can refer you to a local specialist.

B2C\_22-AI-297499\_1005