

Information at your fingertips.

Use the Surest app to **quickly and easily** find care and benefits information.



My head hurts

- daily headache condition
- migraine condition
- headache from neck condition
- head injury condition

Provider visits

Preventive services include shots, routine screening tests and provider visits.

Virtual visit
A virtual visit on your phone, tablet, or computer with a designated virtual care provider.

\$0 [Find providers](#)

Medical Office Visit
An appointment with a provider to discuss new or existing health problems. Separate from a preventive visit or annual physical.

From \$20 [View details](#)

[Home](#) [Search](#) [Claims](#) [Surest Plan](#)

Know before you go when you search.

Search for care by symptom or condition to find in-network providers, locations, and copays.

How you search matters.

You can search by provider name, specialty type, or location to see in-network options but, to get to a specific copay, you need to search by symptom or condition first.

Illustrative examples only. Costs and coverage may vary.

Show insurance card

Tap your ID card for a larger view. If your doctor doesn't know Surest, check out this [Provider Guide to Surest](#)

<p>Subscriber Mia Swenson ID number: 123456789123</p> <p>Service type Medical, Rx Care type Surest Flex</p> <p>Dependents John Sample 1234567890 Samantha Sample 1234567890 Katie Sample 1234567890 Aljandra Sample 1234567890</p>	<p>Group 12345 Payer ID 25</p> <p>PHARMACY Rx ID: 123456 Rx FCH: RX Rx COP: RX Rx ID: RX</p> <p>Out-of-pocket max In network: \$4,000 Out of network: \$8,000</p>	<p>Medical Claims Payer ID: 25463 Surest P.O. Box 213758 Eagan, MN 55121</p> <p>Providers UnitedHealthcare Choose the Network Provider portal uhc.provider.com Provider help eligibility 344-868-6661 PreCert 811-237-0006</p> <p>Pharmacy PHARMACY P.O. Box 123 Anytown, USA 12345-9999 Claims address P.O. Box 123 Anytown, USA 12345-9999 Pharmacist/prescribers 855-123-4567</p>
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Members We're here to help. Visit us at [surest.com](#) or call 866-683-6440 to check copays, view claims and benefits, find a doctor, or ask a question.

Illustrative examples only. Costs and coverage may vary.

[Home](#) [Search](#) [Claims](#) [Surest Plan](#)

Access your digital member ID card.

From your account home page, click "Show Insurance Card" to see your ID card.

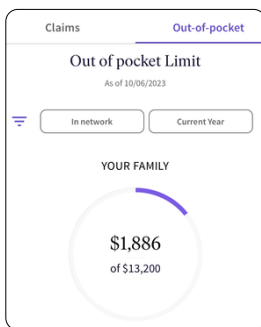
Not all in-network providers may be familiar with Surest.

If you experience this, open the Surest app and click "Show Insurance Card", select "Provider Guide to Surest", and share the details with office staff.

Claims Out-of-pocket

Date Type All filters

6/19/2023	Stacy Jenson, MD	\$20
5/27/2023	Mainstreet Pharmacy	\$6
4/17/2023	Peter Thorpe, MD	\$10



[Home](#) [Search](#) [Claims](#) [Surest Plan](#)

View claims.

From the main menu, click on the claims icon to see a list of your claims. You can also filter them by date and type (medical or pharmacy).

Illustrative examples only. Costs and coverage may vary.

- Surest Plan coverage**
Plan status and prices
- Plan resources**
Documentation and resources
- Surest Member Services**
FAQs and member support

Employee Assistance Program (EAP)

EAP offers free, voluntary and confidential resources to help with a variety of personal and family issues including: emotional, family and marriage, alcohol and substance, grief, depression, stress, and more. Phone and online EAP resources are available, day or night, for counselling and referral services to advisors and local community resources. The first ten face-to-face sessions (per person, per issue, per year) with a licensed counselor are free.

[Navigate](#)

[Home](#) [Search](#) [Claims](#) [Surest Plan](#)

Find forms and resources.

From your account home page, click the "Surest Plan" icon at the bottom of the screen and then "Plan Resources" to access important forms (e.g., authorized representative) and resources available to you through your plan (e.g., Employee Assistance Program).

Get in touch.

If you have questions about your coverage or how to find care and resources, contact Surest Member Services via chat, email, or phone at 866-683-6440, Monday – Friday from 6 am – 9 pm CT.

S Live Chat
[Chat With The Surest Member Services](#)