

Be prepared.

Preventive care can help catch little issues before they become big problems.

Preventive care is offered as part of your Surest plan at no additional cost to you (as long as you stay in-network). Get checked out! It could add years to your life.

For recommended preventive care screenings and services, **log in to the Surest app or Benefits.Surest.com** and search for adult or child preventive visit.

Get the big picture of what to expect at <https://health.gov/myhealthfinder>.



To avoid additional charges:

Stick with the preventive visit script. If you bring up an existing issue during your preventive care appointment, you could be charged for a routine office visit. **Those are two separate visits.**

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Phone screen image source: ODPHP, <https://health.gov/myhealthfinder>.

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