

Live healthier at no cost to you



When you join Teladoc Health[®], you'll have access to connected condition management devices and the support you need. Best of all, it's offered at no additional cost to you.

Diabetes Management

- ✓ Connected meter
- ✓ Unlimited strips and lancets

Hypertension Management

- ✓ Connected monitor
- ✓ One-on-one coaching

Diabetes Prevention

- ✓ Connected scale
- ✓ Expert guidance

...And more programs!

- ✓ Health experts
- ✓ Personalized plans

Enrollment details coming soon.

To enroll in Teladoc Health, you must opt into at least one program that your plan sponsor offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Teladoc Health program is not offered by your plan sponsor, or if you do not meet the specific health criteria of that program, you will not be able to enroll.

Program does not include a phone, tablet or smartwatch.

Those who are pregnant, have diabetes or have a BMI that's lower than the program minimum may not qualify for the Teladoc Health Weight Management program.

Las comunicaciones del programa Teladoc Health están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa.

Livongo is now Teladoc Health, and we are in a brand transition phase. You may receive Livongo-branded and Teladoc Health-branded products during this transition. Other than brand name, there is no difference between products.

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